

APA Fall Assembly Mtg Minutes, Washington, D.C.

Friday, October 30, 2015 Area 7 Council Mtg

Double-check your district branch's bylaws by the time of the Area 7 Spring mtg in 3/5-3/6/2016 in Phoenix, AZ

2007 sexual harassment position statement: retire from Consent Calendar; no longer needed b/c sexual harassment is already illegal and no position statement is needed

Reaffirm AMA's position statement on direct to consumer advertising: actors should not portray a medical professional who promotes the drugs in ads; moving onto Consent Calendar

Saturday, October 31, 2015 Area 7 Council Mtg

APA needs to create a position statement (instead of just supporting the AMA's statement) regarding direct-to-consumer marketing

New APEX awards: American Psychiatric Award of Excellence given to well-known people in the public who have made a difference in the area of mental health; dinner event on April 18, 2016 at the Mayflower Hotel in Washington, DC

Mental health in the criminal justice system is underserved

Native Americans have a high rate of people in the prisons with undiagnosed mental illness

Plenary Session 2

Dr. Saul Levin's update as APA's CEO and Medical Director:

- IPS mtg had 1600 people in NYC this year; highest number of attendance in the past several years
- State Advocacy Mtg in Oct 2015, Hollywood, FL, was well-attended by 44 states, dealt with MHPEA and Scope of Practice issues; new complaint form will be on APA website next week
- Helped by APA's lawsuit against Anthem and NYPSA's lawsuit against United Healthcare
- Scope of Practice Toolkit at www.psychiatry.org/unsafe
- APA State Regional Director in Region 4, West, Tim Miller, stationed in Denver, CO, will be available to help with these issues
- APA opposing insurance mergers at DOJ/FTC which would likely have harmful effects for network adequacy,...
- Urging congressional scrutiny of healthcare insurance mergers
- New complaint form regarding pre-authorizations on medications will be on website at www.psychiatry.org/pharmacycomplaintform
- Support & Alignment Network (SAN) Grant: APA awarded \$2.9M grant from CMS as part of their Transforming Clinical Practice (TCP) Initiative; APA will be reaching out to DBs to help with this
- APA total membership is up 1.1%, international membership down 7.5% (likely due to appreciating dollar)

- Recruitment campaigns in full swing
- Inpatient psychiatry bed registries: so far has been successful in VA and MN

Report from the APA Treasurer: \$75M in reserve funds

Guest speaker: Paul Burton, MD, Chief Psychiatrist at San Quentin State Prison, CA: “Out of Sight, Out of Mind: The Mass Incarceration of American Mental Illness”

- Hospital built in 1892 right after the CA Gold Rush, part of the CA Dept of Corrections and Rehabilitation
- San Quentin is located just north of San Francisco
- Different sections/populations: Death Row, Reception Area, Mainline Population, each with 5 tiers/floors with 50 cells each
- CA has 33 prisons in total
- 2.2M Americans incarcerated (12/2014 Bureau of Justice Statistics): 57% in state prison, 33% in jail, 10% in federal prison
- USA leads in the world with the highest rate of incarceration
- Prisons and jails have now become the 21st century state psychiatric hospitals
- 350,000-500,000 American prisoners with SMI
- Over 50% of inmates have recent hx of symptoms of a mental health problem
- In 44/50 states, a correctional facility houses more patients with SMI than the largest psych hospital in that state
- Incarcerated people have 2-10x community rate of schizophrenia, other psychotic disorders, and major mood disorders
- Female PTSD rates as high as 48%, large majority due to physical assault
- 15% of US prison inmates prescribed psychiatric medication
- San Quentin has telepsychiatry services into prisons throughout CA
- Pre-incarceration: improved community treatment access; outreach to law enforcement; attention to “Tough on Crime” laws; incarceration alternatives and sentencing
- Intra-incarceration: last mental health safety net; premorbid & new-onset mental illness; rehabilitative treatment; psychiatry trainee involvement (residents from UCSF); needs for MDs; inmate family impact (parenting classes)
- Post-incarceration: decarceration; improved community treatment access; collaboration with other disciplines, familiarity with prison culture; addressing double stigma of having a legal record and having mental illness
- Why work in correctional settings: population in need of treatment; public psychiatry; gain familiarity with prison culture
- Assess and treat a variety of mental illness including those uncommon in community (paraphilias, psychopathy, impulse control disorders), enhance diagnostic skills (malingering)
- Collaborate, educate, and learn from attorneys and law enforcement
- No shortage of security
- Because that is where our patients are at

Dr. Renee Binder’s APA President’s Report: APEX award night in DC in April

PM Area 7 Council Mtg

Brainstorming topics for next Area 7 mtg:

Law enforcement training in mental health issues

NM rep: Central/South American refugees incarcerated in TX while awaiting adjudication with possible deportation

Suggesting to have a group code discount for travel to APA Area/Assembly mtgs and/or member benefit to member and their families

Maintenance of Certification: options of changing it to open book exam, 5 questions/month review questions, alternative methods

Access to care issues in rural areas and Area 7 access: utilizing locum tenens psychiatrists and the quality of their work; federal grants out paying providers so rural areas can't get providers; access to care is limited for incarcerated populations

Dr. Melinda Young (past speaker): Profile of Courage Award will be awarded to Dr. Steve Sharfstein who worked a lot regarding torture issue and how psychiatrists will take no part in that

Physician-assisted dying: Component will do the research for APA; we currently don't have a position statement on this topic and really should have one

Marijuana issues: legalization in Canada; NM now has medical cannabis approved for PTSD treatment

Awards: Richards Rural Psychiatry award given to Dr. Chuck Sturgiss in Homer, Alaska who died 1.5 wks ago

- There is a list of awards on the APA website; don't forget to nominate deserving colleagues for these awards
- Suggestion made to have the awards listed in a calendar format with respective deadlines highlighted for easier access instead of in an alphabetical order with drop-down menus

APA Presidential Candidates: Dr. Frank Brown, www.frankbrown.net (APA Treasurer and other offices held 21 total, President-Elect of ACoP, Emory Univ), continued work in parity and diversifying membership, ECP career development

Dr. Anita Everett, www.Anitaapa.com with lots of involvement in APA in the past; healthcare reform in the federal system; website development re: membership; community mental health services for first episode psychosis

Elections for Area 7 Rep & Dep Rep (currently held by Drs. Price and Zarling): next election will be in 5/2016, for a 2 year term, can run for max of 2 terms consecutively, skip a term, and then re-run; nominating committee from at least 3 different District Branches: Alexander Von Hafften, O'Anne (UT), Kelly Jones (RFM HI), Zachary Moriarty (ID)

Dr. Theresa Miskimen: recorder; encouraged us to bring Assembly notes back to our home state

Future Area 7 meetings planning for 2 years in advance to secure dates and location in order to minimize expenses

Area 7 Council Block Grant of \$43,650 renews every calendar year and is the only source of funding available for the 2 Area Component meetings and the APA Fall Assembly mtg: current balance of \$23,139.55. Block Grant doesn't cover RFMs, MUR reps, or ACROSS reps.

- Only covers 2 reps/state except for Western WA and Canada who gets 3 reps
- Airfare and housing are the highest expenses; try to carpool when possible to minimize costs

Sunday, November 1, 2015 AM Mtg

The final reference committee report was discussed. Nothing was passed, but one item about voting procedures was forwarded to the Rules Committee and the position paper on direct to consumer marketing was sent to the Joint Reference Committee to assign it to the appropriate councils for re-writing the position paper to make it stronger. The position statement on sexual harassment was retained.

Dr. Steve Sharfstein was presented with the award for Profile of Courage for his courageous stand as President of the APA in 2005 against psychiatrists participating in interrogations of prisoners at Guantanamo Bay.

Reports on APA PAC, APA foundation, and the medical directors report were presented. All were very positive in their reports. Members are encouraged to donate to the PAC and the Foundation. The membership of APA is increasing by retention and by return of former members. However, we have lost some international members due to the higher cost of APA membership due to the strong dollar.

The report on AMA mentioned the strong presence of APA members who are in leadership positions in AMA.

Respectfully submitted by your Hawaii Assembly Representatives,

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Julienne Aulwes, M.D.