



HAWAI'I PSYCHIATRIC MEDICAL ASSOCIATION

Minutes of Monthly Membership Meeting

Tuesday, August 11, 2015

6:15-7:47PM

Mission: Helping Hawaii's Psychiatrists Provide the Highest Quality Care

Location: Max's of Manila, Honolulu, HI.

Attendees on Oahu: Drs. Iqbal Ahmed, Jeffrey Akaka, Julianne Aulwes, Michael Champion, Berdine Chong, Trisa Danz, Stephen Kemble, Brett Lu, Linda Nahulu, Celia Ona, Helio Perez, Raj Singh, Douglas Smith, Steven Williams

Attendees via GoToMeeting connection: none

Call to order: 6:15pm

Minutes of previous meetings:	<ul style="list-style-type: none"> Minutes for the July meeting were reviewed and approved as presented. 	
ANNOUNCEMENTS	<ul style="list-style-type: none"> Dr. Aulwes chairing the meeting IPS meeting in NYC in October- This meeting more focused on community psychiatry and for psychiatry practitioners. Dr. Smith elaborated on purpose of Focus Groups and access to care. Needs in 1) Behavioral Health, 2) Integrated Care, 3) Dental Care. Next Oahu Focus Group Mtg will be at Buzz's Steakhouse in Pearl City on Aug 12, 2015 Hawaii Summit Event Conference- 9/19/2015; free CME New deadline for annual APA dues – March 31 PBS Hawaii "Insights" aired on Aug 6, 2015: "How can we better care for people who suffer from serious mental illness?" with Drs. Akaka, Carlton and Westphal; can be viewed online at http://pbshawaii.org/insights-on-pbs-hawaii-how-can-we-better-care-for-people-who-suffer-from-serious-mental-illness/ 	
COMMITTEE REPORTS		Things to follow up on:
Treasurer: Dr. Rika Suzuki	<ul style="list-style-type: none"> The budget is in the black Limited advocacy funds Applying for CALF grant 	
Legislative Co-Chairs: Drs. Champion & Akaka	<ul style="list-style-type: none"> Elaborated on legislative issues. "White Paper" on access to care. 	
Membership Co-Chairs: Drs. Gise & Smith	<ul style="list-style-type: none"> Having psychiatry residents attend HPMA meetings Area 7 – Drs. Ahmed and Nahulu spoke of our level of high membership in Hawaii. Training in prescribing buprenorphine 	Dr. Williams will speak with psychiatry residents in forum at Queen's Medical Center about their participation in HPMA

Communications/Public Affairs Chair: Dr. Danz	<ul style="list-style-type: none"> • Efforts from Congressmen Murphy and Johnson to create a mental health czar. 	
Resident Rep: Dr. Singh	<ul style="list-style-type: none"> • Drs. Danz and Singh continue to express their interest in participating in activities and events related to HPMA 	
Ethics Chair: Dr. Prier	<ul style="list-style-type: none"> • Nothing to report 	
Assembly & Board Reports	<ul style="list-style-type: none"> • Support from Speaker of the House- Glen Martin • Dr. Nahulu elaborated on various caucuses in the APA with women's caucus being the largest. 	
OLD BUSINESS		
	<p>Increasing participation of Hawaii psychiatrists in HPMA. Increasing access to care on neighbor islands.</p> <ul style="list-style-type: none"> • Continue to make efforts to encourage present HPMA members to participate in ongoing activities and political initiatives. • Holding insurance companies more accountable for claim of having adequate number of providers. Dr. Kemble elaborated on obstacles to providing care for patients. 	
NEW BUSINESS		
"Hot Topic" presentation	<ul style="list-style-type: none"> • Dr. Smith presented a very comprehensive summary regarding "Health Care Network Adequacy in Hawaii". Dr. Akaka elaborated on the "law" regarding insurance companies having to provide mental health treatment. Lively discussion ensued regarding how to address some of these inadequacies provided by insurance companies that are often motivated by companies to increase profits. • Summary and Recommendations from Dr. Smith. • Health plans in Hawaii have inadequate provider Networks. • Some Plans profit from inadequate networks by reducing access and shifting externalizing care costs. • Plans give the appearance of Network Adequacy by a combination of: inflating provider directories and hiding complaints and other evidence about lack of access. • Growing awareness that proper regulation is necessary to ensure supply of providers be equal or greater than members' needs for necessary services. • Remedies for inadequate physician networks include some combination of: increasing physician supply and reducing beneficiary demand by prevention, wellness and early detection. • Policy makers and state regulators must realize that health plans remain legally responsible for network adequacy. • True network adequacy should be the primary focus of regulation and plans should otherwise be given as much freedom as possible. • Abundance of tested strategies available to improve specialty network recruitment and retention. 	<p>Consider some actions or interventions to put into place. Possibly gather evidence to present to the insurance commissioner. Is there a need for a committee?</p>

	<ul style="list-style-type: none">• Health plans operate in all of our communities and the insurance companies that run them have \$ billions of combined annual revenue. They are the only entities with the authority, expertise and resources to select, design and implement reforms on the scale necessary to be successful	
Future meeting:	<ul style="list-style-type: none">• Next meeting on 9/8/2015 at 6pm at Max's of Manila	

Submitted by: Steven R. Williams, M.D.
Secretary, HPMA