

NOTES HPMA MEETING
Home of DR CELIA ONA

September 19, 2013, 6-8pm

16 attended:

Drs. Celia Ona, Jeff Akaka, Marisa Perez-Reisler, Michelle Malest MD PGY3, Marva Lawson, Brian Thompson, Brett Lu, June Lee, Asad Ghiasuddin, Joan Kagawa, Moe Hla, Les Barrickman, Daniel Tseng, Tina Melendrez Chu, Rika Suzuki

Guest speaker: DR BILL BOLMAN

Budget review - treasurer J AULWES out of town
-in the black

Legislative review- co chairs Akaka present and Sung (sick)
-CALF grant ready for submission
- HIPAC donations \$175 as of today, and Jeff will circulate request for donations, clarified HPMA's ongoing relationship w/ HMA, disc lobbying for HPMA by BOB TOYOFUKU
-(not announced but legislative committee also met last month, thank you!)

Membership co chairs Gise and Ghiasuddin
-Area 7 REPRESENTATIVE Member in training (MIT)—need nominations for a resident who will be training 2014-16, leadership experience (would attend 3 mainland mtgs, rep for 13 states)

Communications chair Suzuki
-update: pending word on District Branch Innovative grant –grass roots outreach, \$6500, submitted Aug 1 2013
-HPMA received \$2500 for DSM V training
-WILL MASS EMAIL UPCOMING EVENTS:
-**DSM V training OCT 5**, Queen's Kam auditorium 10-12 noon, \$25 for nonHPMA members, NON-CME event--to post on HPMA website w/ Rebecca's assist
- **Mental Health America brown bag lunch NOV 6**, 1130-130pm Central Union Church, encouraging clinicians and residents as INFORMAL (no prep needed) speakers
-**OUT OF THE DARKNESS suicide prevention walk—Nov 10**
Kakaako Park

ECP (early career psychiatrists) chair LEE—nothing to report.

Ethics chair Prier, not present today

Assembly and Board reports no new updates

Dr Les Barrickman---vice chair of HI MEDICAL BOARD:

- legislative issues are abundant, 99% of physicians are not aware or privy to info b/c primarily interest groups only tend to attend board mtgs
- in discussion-- possible CME requirement for pain medication prescribers in HI, trend to standardize this in US (13-15 states now require this);
- NEED For more MD involvement in HI MEDICAL BOARD –Les to contact CHRIS FLANDERS EXEC DIRECTOR OF HMA to enable regular INPUT FROM HPMA MEMBERS regarding legislative issues handled by HI MEDICAL BOARD

GUEST SPEAKER: DR BILL BOWMAN, AUTISM

- Autism has a wide spectrum of presentations and DSM V may have oversimplified the diagnoses
- exciting improvements in imaging technology for autism, also genomics, epigenetics
- schizophrenia, bipolar, ADD, autism among others found to have similar biological etiology
- challenging to raise children w/ autism, such that often one parent becomes the 'expert'
- many individuals w/ autism have distinct unique talents, ie MUSIC, ART, sensory skills heightened
- some fraction will need medications—generally atypical antipsychotics, also riluzole and fluvoxamine
- various Apps for autism on ipads
- comorbid ADHD in autism is added challenge
- Hawaii has an autism website—beware of false info out there, ie immunizations, foods
- Autism is a very general entity rather than a diagnosis
- lifetime cost for untreated autism is ~\$3 million, predominance of cost incurred in adulthood
- MEDLINE and PUBMED cites as excellent resources, Queen's medical library can provide articles by email \$5

DR BILL BOLMAN circulated books, info, wmbolman@hawaii.rr.com

Future guest speaker: DR BRETT LU, Ketamine discussion

Next meeting: OCT 17--To be confirmed

Submitted by R Suzuki